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It provides an introduction to the major religions of the world, including their origins, beliefs, practices, and cultural contexts. The book also explores alternative spiritual movements, such as New Age, Eastern religions, and natural spirituality, and discusses their origins, beliefs, and practices.

Larousse's Book of World Religions and Alternative Spirituality is an essential resource for anyone interested in understanding the world's major religions and alternative spiritual movements. It is a comprehensive and accessible guide to the complex and diverse world of religions and spirituality.